

FOR IMMEDIATE RELEASE

MEDIA ADVISORY

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Estrella Mountain Community College Cohosts Veterans Day Ceremony and Fun Run

All proceeds benefit the school's Veterans Increasing Persistence Program

AVONDALE, ARIZONA, November 2 – Estrella Mountain Community College (EMCC) and the City of Avondale will host a Veterans Day Ceremony and family-friendly 5K fun run on Sunday, November 11, 2018, at the EMCC Avondale campus. There will be boot camp obstacles throughout the event. Bootcamp stations include ammo can lifts, tire flipping and more, all concluding with an awesome dummy grenade toss. The 5K fun run is appropriate for all fitness levels. Participants can move at their own pace and boot camp stations can be easily bypassed. This fun-filled event includes a Kid Zone, giveaways, and entertainment.

When: Sunday, November 11, 2018

8:00 am - 11:00 am

Location: Estrella Mountain Community College 3000 N. Dysart Road

Cost: FREE registration for ALL military and veterans

\$35 registration fee includes a commemorative run shirt, swag bag, and complimentary Warrior's Breakfast.

Why: All proceeds directly support the Veterans Increasing Persistence Program (VIPPP). This new Estrella Mountain Community College program is designed to assist veterans experiencing financial hardships that may prevent them from attending college or completing a degree.

Detailed Schedule:

0745 - Check in/Same-Day Registration, Shirt and Swag Bag Pick-Up

0815 - Warm-Up Stretches with Cross Fit Fury

0830 - Run Start.

0900 - Warrior's Breakfast

0930 - Veterans Day Ceremony

Link to Register:

<https://www.eventbrite.com/e/5th-annual-veterans-day-ceremony-fun-run-registration-41881971103#individual>

Event Sponsors: Arizona Federal Credit Union, Liberty Utilities, Desert Diamond West Valley Casino, Military Muscle, Whataburger, T-Mobile, Crossfit Fury, Innovative Embroidery & Screen Printing, Copper Springs, Spooner Physical Therapy, and Chick-fil-A

All run proceeds will directly support EMCC's Veterans Increasing Persistence Program (VIPP). This program is designed to assist veterans experiencing financial hardships that may prevent them from attending school or completing a degree. The mission of the EMCC Veterans Services Center is to help military members, veterans, and dependent students take advantage of the numerous education opportunities by connecting them to their VA Education Benefits and any other support services necessary for their academic, professional and personal success.

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[Estrella Mountain Community College](http://www.estrellamountain.edu) is one of the ten colleges in the Maricopa County Community College District, one of the largest community college districts in the nation. EMCC offers academic courses leading to associate degrees, university transfer, certificates, and short-term job training to more than 14,000 students annually. The flagship campus is located on Thomas and Dysart roads in Avondale. Classes are also offered online and at two Buckeye locations: EMCC's Buckeye Educational Center, located in downtown Buckeye, Arizona, and at the EMCC @ West-MEC Southwest Campus at 500 N. Verrado Way.